It’s Objective, learning outcomes, Modules, assessments and material list

**NAME OF THE COURSE: PRESSMAN**

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| Submitted to: **-**  **Bihar Skill Development Mission, Labour Resources Department, GoB** | Submitted By: **- GOGREEN APPAREL LIMITED** |
| Session: |

Course name: **PRESSMAN**

* Course Id: GAL/Q2401
* Candidate Eligibility: 8TH PASS
* Course Duration (In hours):336

**CONTACT DETAILS OF THE BODY SUBMITTING THE QUALIFICATION FILE**

**Name and address of submitting body: GOGREEN APPAREL LIMITED, BELA PHASE-2, MUZAFFARPUR, BIHAR**

**Technopak Advisors Private Limited**

**Name and contact details of individual dealing with the submission**

**Name :** Mr. HEMANT KUMAR

**Position in the organization** : PROJECT COODINATOR

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**List of documents submitted in support of the Qualifications File**

1. Curriculum Document

**SUMMARY**

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| **Qualification Title** | **PRESSMAN** |
| **Qualification Code** | **Customized** |
| **Nature and purpose of the qualification** | **Nature: - 60 Working days Certificate Course in PRESSMAN**  **Purpose**   * Carryout Pressing activities using Iran table machine * Contribute to achieve target & quality in Pressing * Maintain work-area, tools and machine * Maintain health safety and security at workplace   Comply with the industry, regulatory and organizational requirements |
| **Body/bodies which will award the qualification** | **PRESSMAN - COSTOMIZED** |
| **Occupation(s) to which the qualification gives access** | **GARMENTS PRODUCTION** |
| **Entry requirements and / or recommendations** | **8TH Pass** |

1. **OBJECTIVE OF THE COURSE: -**

Carryout pressing activities using Iran machine & Iran table, contribute to achieve target & quality in pressing operations, maintain work-area, tools and machine, maintain health safety and security at workplace, Comply with the industry, regulatory and organizational requirements

**LEARNING OUTCOMES: -**

* Carryout work functions in accordance with legislation and regulations, organizational guidelines and procedures
* Seek and obtain clarifications on policies and procedures, from your supervisor or other authorized personnel
* Apply and follow these policies and procedures within your work practices
* Provide support to your supervisor and team members in enforcing these considerations

Identify and report any possible deviation to these requirements

* Work effectively within a team.
* Manage job related stress effectively.
* Understand the importance of punctuality.
* Understand Importance of health and hygiene.

1. **MODULE- 60 Working DAYS (Sewing Machine Operator)**

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| **DURATION: - 60 Working DAYS**  **TRANING PROGRAM IN PRESSMAN** | |
| **MODULE CODE & NAMES** |  |
| **1** | **Code: - Customized**  **Module: -** Introduction and Orientation |
| **RATIONALE & OBJECTIVE OF THE MODULES** | This Course covers the skills and knowledge for an individual to Press garments for ready to shipment. |
| **MODULE COMPETENCE** | This unit applies to individuals who press the garments.   * Carry out ironing activities in stitching and finishing operations * Maintain work area and tools * Maintain health, safety and security at workplace * Comply with industry, regulatory and organizational requirements   The role may be performed in a range of Garments Made   * Garment Factory |
| **2** | **Code: - Customized**  **Module: -** **Abilities developed** |
| **RATIONALE & OBJECTIVE OF THE MODULES** | This NOS covers the skills and knowledge for an individual to plan and preparing pressing |
| **MODULE COMPETENCE** | This unit applies to individuals to plan and prepare visual merchandising displays in PRESSMAN   * Importance of Ironing in Apparel Industry * • Understand the Job Responsibilities of a Pressman.   The role may be performed in a range of PRESSMAN   * Garment Factory |
| **3** | **Code: - PRESSMAN**  **Module: -** Ironing Activities |
| **RATIONALE & OBJECTIVE OF THE MODULES** | This NOS covers the skills and knowledge for an individual to dress visual timekeeper, fold fabric lightly operations etc. |
| **MODULE COMPETENCE** | This unit applies to individuals to dress visual timekeeper, fold fabric lightly operations etc.   * Make sure the work area is free from hazards * Follow the instructions on the work ticket/ job card in line with the responsibilities of respective job role * Ask questions to obtain more information on tasks when the instructions you have are unclear.   The role may be performed in a range of PRESSMAN   * Garments Factory |
| **4** | **Code: - PRESSMAN**  **Module: -** Finishing Operations |
| **RATIONALE & OBJECTIVE OF THE MODULES** | This NOS covers the skills and knowledge for the Pressing |
| **MODULE COMPETENCE** | This unit applies to individuals to timekeeper and chronometer   * Check that equipment is safe and set up in readiness for use * Select the correct pattern and inserts for the style being worked on   The role may be performed in a range of PRESSMAN   * Garments Factory |
| **5** | **Code: - PRESSMAN**  **Module: -** To Garments Margine |
| **RATIONALE & OBJECTIVE OF THE MODULES** | This NOS covers the skills and knowledge for an individual to prepare Garments Margine. |
| **MODULE COMPETENCE** | This unit applies to individuals to Garments Margine   * Ensure the materials used meet the specification matching * Within a product * Between a pair of products where applicable   The role may be performed in a range of Pressman.   * Garments Factory |
| **6** | **Code: - PRESSMAN**  **Module: -** To Security & Quality |
| **RATIONALE & OBJECTIVE OF THE MODULES** | This NOS covers the skills and knowledge for an individual to Security, Quality. |
| **MODULE COMPETENCE** | This unit applies to individuals to Security, Quality.   * Report faults in the materials * Carry out operations at a rate which maintains workflow and meets production targets * Ensure the iron box is placed in the appropriate position as per the standard operating procedure * Conform to company quality standards * Report any damaged work to the responsible person   The role may be performed in a range of PRESSMAN   * Garments Factory |
| **7** | **Code: - PRESSMAN**  **Module: -** To maintain health and safety |
| **RATIONALE & OBJECTIVE OF THE MODULES** | This NOS covers the skills and knowledge for an individual to maintain health and safety. |
| **MODULE COMPETENCE** | This unit applies to individuals to maintain health and safety in Pressing.   * Identify and report accidents and emergencies * Protect health and safety as you work * Lift and handle goods safely   The role may be performed in a range of PRESSMAN   * Garments Factory. |

| **Sr. No.** | **Module** | **Key Learning Outcomes** | **Equipment Required** |
| --- | --- | --- | --- |
| 1 | **Introduction and Orientation**  **Theory Duration**  (hh:mm) 05:00  **Practical Duration**  (hh:mm) 15:00  **Corresponding NOS Code**  **Customized** | * Importance of Ironing in Apparel Industry * Understand the Job Responsibilities of a Pressman | Black/white board, marker/chalk |
| 2 | **Ironing Activities in Stitching and Finishing Operations**    **Theory Duration**  (hh:mm)  06:00  **Practical Duration**  (hh:mm)  15:00  **Corresponding NOS**  **Code**  **Customized** | * Make sure the work area is free from hazards * Follow the instructions on the work ticket/ job card in line with the responsibilities of respective job role * Ask questions to obtain more information on tasks when the instructions you have are unclear * Agree and review your agreed upon work targets with your supervisor and check for special instructions, if any * Check that equipment is safe and set up in readiness for use * Select the correct pattern and inserts for the style being worked on * Check that the materials to be used are free from faults * Ensure the materials used meet the specification matching * Within a product * Between a pair of products where applicable * Report faults in the materials * Carry out operations at a rate which maintains workflow and meets production targets  Ensure the iron box is placed in the appropriate position as per the standard operating procedure * Conform to company quality standards * Report any damaged work to the responsible person * Follow company reporting procedures about defective tools and machines which affect work and report risks/ problems likely to affect services to the relevant person promptly and accurately | Ironing Unit/Workstation Trainer's & Student's Chair, Trainer's & Student's Table, Black/White Board Tailor's Chalk, Hangers Brush, Non-stretch woven cover, Clamps, Pressing Template, Irons, Presses Steamers, Steam air dummies, Assembling & Shaping equipment, Auxiliary Equipment Quality Tag, Dress Form Women's, Packing Boxes, Fusing Tape, Apron, Protective Gloves, Care Labels Cap, Boiler Bucks, Metallic Scissors Absorbent Pad, Dry Cleaning Solvent, Defect List, Basic Stationary Items(Pens, Pencils, Erasers), Dustbin Distilled Water, Sleeve Board/ sleeve roll, Clapper, Press Mit, Test Cloth, garments made-up and home furnishing articles as per requirement  Attachments, |
| 3 | **Maintain work area, tools and machines**    **Theory Duration**  (hh:mm)  05:00    **Practical Duration**  (hh:mm)  16:00    **Corresponding NOS**  **Code Customized** | * Maintain tools and equipment and handle them safely * Use materials to minimize waste * Carryout running maintenance within agreed schedules * Carry out maintenance and/or cleaning * within ones responsibility * make sure that the correct machine guards are in place * Work in a comfortable position with the correct posture * Use cleaning equipment and methods appropriate for the work to be carried * out * Dispose of waste safely in the designated location * Store cleaning equipment safely after use * Carryout cleaning according to schedules and limits of responsibility | All the tools and  equipment’s |
| 4 | **Maintain health, safety**  **and security at workplace**  **Theory Duration**  (hh:mm)  05:00    **Practical Duration**  (hh:mm)  16:00    **Corresponding NOS**  **Code**  **Customized** | * Comply with health and safety related instructions applicable to the workplace * Carry out own activities in line with approved guidelines and procedures * Maintain a healthy lifestyle and guard against dependency on intoxicants * Follow environment management system related procedures * Minimize health and safety risks to self and others due to own actions * Seek clarifications from supervisors or other authorized personnel in case of perceived risks * Monitor the workplace and work processes for potential risks and threats * Carry out periodic walk through to keep work area free from hazards and * obstructions, * If assigned * Report hazards and potential risks/ threats to supervisors or other authorized * personnel * Participate in mock drills/ evacuation procedures organized at the workplace * Undertake first aid, fire- fighting and emergency response training * sked to do so * Take action based on instructions in the event of fire, emergencies or accidents * Follow organization procedures for shutdown and evacuation when required | Documents related to  health and safety and tools and equipment’s security systems |
| 5 | **Comply with Industry, regulatory and organisational requirements**  **Theory Duration**  (hh:mm)  05:00  **Practical Duration**  (hh:mm)  16:00  **Corresponding NOS**  **Code**  **Customized** | * Carryout work functions in accordance with legislation and regulations, organizational guidelines and procedures * Seek and obtain clarifications on policies and procedures, from your supervisor or other authorized personnel * Apply and follow these policies and * procedures within your work practices * Provide support to your supervisor and team members in enforcing these considerations * Identify and report any possible deviation to these requirements | Documents, related to Compliance |
| 6 | **Soft Skills**  **Theory Duration**  (hh:mm)  05:00  **Practical Duration**  (hh:mm)  15:00  **Corresponding NOS**  **Code- Customized** | Understand importance of effective communication   * Communicate effectively with others * Identify and follow personal grooming and hygiene * Follow organization procedures and maintain personal health and hygiene and avoid habits like gutka, tobacco etc. * Interact effectively in a group * Manage time effectively * Understand importance of resume and prepare your resume  Prepare for interviews | whiteboard, marker |
| 7 | **First aid and CPR**  **Theory Duration**  (hh:mm)  05:00  **Practical Duration**  (hh:mm)  15:00  **Corresponding NOS**  **Code** -**Customized** | * Identify methods of first aid * Undertake basic first aid, * Undertake basic CPR | First Aid Kit, CPR mannequin |
|  | **Total Duration**  **Theory Duration 36:00**  **Practical Duration 108**  **OJT 192** | **Unique Equipment Required:**  Iran, Iran table, Garments, Electricity, First Ad- Kit etc… |  |

1. **ASSESSMENT / EXAMINATION**

| **ASSESSMENT OUTCOME** | **Performance Criteria** | | | **Total marks** |  | **Marks Allocation** | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Out of** | **Theory** | **Skills** |
| **Customized- Pressman -** | PC1. What is pressing. | | | 100 | 4 | 2 | 2 |
| PC2. How many types pressing (Round pressing, straight pressing) | | | 4 | 2 | 2 |
|  | PC3. Difference between hard ironing and soft ironing. (steam press) | | |  | 4 | 2 | 2 |
| PC4.what is the importance of pressing in garment industry. | | | 2 | 1 | 1 |
| PC5. Pressing defects (shine marks, crease marks) | | | 2 | 1 | 1 |
| PC6. Introduction about pressing | | | 2 | 1 | 1 |
| PC7. Introduction about pressing table | | | 4 | 2 | 2 |
| PC8. Introduction about Fabric, Garments. | | | 4 | 2 | 2 |
| PC9. Pressing requirement as per nature fabric. | | | 2 | 1 | 1 |
| PC10 | Shoulder pressing - front and back. | |  | 2 | 1 | 1 |
| PC11 | Sleeve packet pressing- Upper and lower Sleeve. | | 4 | 2 | 2 |
| PC12 | Pressing of Sleeve plackets, attaching sleeve plackets | | 2 | 1 | 1 |
| PC13 | Pressing Sleeve Attach -Normal and folders. | | 2 | 1 | 1 |
| PC14 | Pressing Side seam- normal and folders | | 2 | 1 | 1 |
| PC15 | Collar Pressing, collar Band attach, attach collar to body | | 4 | 2 | 2 |
| PC16 | Cuff Pressing, Cuff attaches to Sleeve- Normal and folder. | | 4 | 2 | 2 |
|  | PC17. | Back pleat pressing. | | 2 | 1 | 1 |
| **Customized- Pressman** | PC18. | Pressing Yoke attach to back- normal and with folder | | 4 | 2 | 2 |
| PC19. | Pressing Shoulder attach- attaching front and back | | 2 | 1 | 1 |
| PC20. | Sleeve packet Pressing- upper and lower sleeve | | 4 | 2 | 2 |
| PC21. | Pressing sleeve plackets. | | 2 | 1 | 1 |
|  | PC22. | Pressing Sleeve attach- normal and folder | | 4 | 2 | 2 |
| PC23. | Pressing Side Seam- Normal and folders. | | 2 | 1 | 1 |
| PC24. | Collar Pressing | | 2 | 1 | 1 |
| PC25. | Coller Band attach pressing | | 4 | 2 | 2 |
| PC26. | Attach collar to Body pressing | | 2 | 1 | 1 |
| PC27. | Cuff Pressing | | 2 | 1 | 1 |
| PC28. | Pressing Cuff sleeve -Normal and folder | | 4 | 2 | 2 |
| PC29. | About Perform a test run to ensure machine is operating correctly | |  | 2 | 1 | 1 |
| PC30. | About Adjust pressing machine controls where necessary | | 2 | 1 | 1 |
| PC31. | About Correct position of garments during pressing | | 4 | 2 | 2 |
| PC32. About Pressing Pocket attach | | | 2 | 1 | 1 |  |
| PC33. About Pocket Pressing. | | | 2 | 1 | 1 |  |
| PC34. About Side seam – front & back pressing | | | 2 | 1 | 1 |  |
| PC35. About Waist band Pressing | | | 4 | 2 | 2 |  |
|  |  | | | **NOS**  **Total** | **100** | **50** | **50** |  |
|  |  | |  | **QP Total** | **100** | **50** | **50** |  |

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| Grade Obtained (In case of Pass) (tick at appropriate box) |  | **A (Above 80 %)** |  | **B (61%– 80%)** |  | **C (50% – 60%)** |

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| **Trainer's Minimum Educational Qualification** | **Academic Qualification** | **Relevant Industry Experience** | | **Training Experience** | |
| **Years** | **Specialization** | **Years** | **Specialization** |
| Graduate | 1 | Supervisor/ Tailor | 1 | Supervisor/Tailor/Trainer |
| Intermediate | 2 | Supervisor/ Tailor | 2 | Supervisor/Tailor/Trainer |
| Matric | 3 | Supervisor / Tailor | 3 | Supervisor/Tailor/Trainer |